

## PARAGON Physical Therapy, PC

250 Executive Drive – Unit X

Edgewood, NY 11717

(Phone) 631-242-9200 | (Fax) 631-242-9202

### WELCOME TO PARAGON Physical Therapy. Who can we thank for referring you?

*We appreciate you choosing PARAGON Physical Therapy, PC to be your provider of physical therapy services. If you would not mind, please indicate below how you found out about our clinic. Your cooperation with this survey assists PARAGON to better anticipate present and future patient care needs.*

Patient Name: \_\_\_\_\_ Evaluation Date: \_\_\_\_\_

I was referred to PARAGON Physical Therapy by (please mark an “X” next to the statement below that best describes you):

\_\_\_\_\_ I am a **returning patient** who was treated previously at PARAGON.

\_\_\_\_\_ My **primary care provider** referred me to PARAGON.  SEP

Please print full name of PCP: \_\_\_\_\_

\_\_\_\_\_ I was referred by a **specialist provider** (e.g., orthopedic, neurological, sports medicine, no fault, workers compensation)  SEP

Please print full name of specialist provider: \_\_\_\_\_

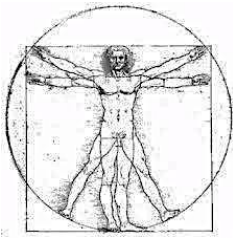
\_\_\_\_\_ I was referred by a **family member or friend**.  SEP

Please print full name of family member or friend: \_\_\_\_\_

And family relation if applicable: \_\_\_\_\_

\_\_\_\_\_ I found PARAGON on the **Internet**.

\_\_\_\_\_ Other: Please describe \_\_\_\_\_



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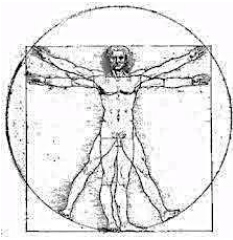
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<b>PATIENT INFORMATION</b>		<b>EMAIL ADDRESS:</b>	
First Name:	Last Name:	Date: / /	
Address:	City:	State:	Zip:
Birthdate: / /	Age:	<input type="checkbox"/> Male <input type="checkbox"/> Female	Spouse's Name:
Home Phone: ( ) -	Cell Phone: ( ) -	Alt Phone: ( ) -	
Please let us know who referred you to us: <input type="checkbox"/> MD <input type="checkbox"/> Family <input type="checkbox"/> Friend <input type="checkbox"/> Former Patient <input type="checkbox"/> Website <input type="checkbox"/> Other:			
Name of Person who Referred You:			
<b>WORK INFORMATION</b>			
Employer:	Work Phone ( ) -	Ext:	
Occupation:	Status: <input type="checkbox"/> Full Time <input type="checkbox"/> Part-Time <input type="checkbox"/> Self <input type="checkbox"/> Retired <input type="checkbox"/> Not Employed		
<b>CARE PROVIDER INFORMATION</b>			
Referring MD:	Referring MD Phone #: ( ) -		
Primary Care MD:	Primary MD Phone #: ( ) -		
<b>INSURANCE INFORMATION</b>			
Primary Insurance:			
Subscriber Name (if different):		Date of Birth: / /	
ID#:	Group/Policy #:		
Patient's Relationship to Subscriber: <input type="checkbox"/> Self <input type="checkbox"/> Spouse <input type="checkbox"/> Child <input type="checkbox"/> Other:			
Secondary Insurance:			
Subscriber Name (if different):		Date of Birth: / /	
ID#:	Group/Policy #:		
Patient's Relationship to Subscriber: <input type="checkbox"/> Self <input type="checkbox"/> Spouse <input type="checkbox"/> Child <input type="checkbox"/> Other:			
<b>NO-FAULT OR WORKERS COMPENSATION INFORMATION</b>			
Insurance Name: <input type="checkbox"/> Auto:		<input type="checkbox"/> Work:	
Adjustor/Claim Manager:	Phone: ( ) -	Ext:	
Address:	City:	State:	Zip:
Claim #:	WCB #:	Accident Date: / /	
<b>ATTORNEY INFORMATION</b>			
Name:	Law Firm:	Phone #:( ) -	Ext:
Address:	City:	State:	Zip:
<b>IN CASE OF EMERGENCY</b>			
Name of Emergency Contact:			
Relationship to Patient:	Home/Cell Phone: ( ) -	Work Phone: ( ) -	

I authorize my insurance benefits be paid directly to PARAGON Physical Therapy. I understand that I am financially responsible for any balance. I also authorize PARAGON Physical Therapy to release any information to process my claims.

PATIENT/GUARDIAN SIGNATURE

DATE



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## PAST MEDICAL HISTORY FORM

Patient Name: \_\_\_\_\_

E-Mail: \_\_\_\_\_

<b>BLOOD PRESSURE</b>			<b>JOINT CONDITIONS</b>		
	Yes	No		Yes	No
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>	Upper Extremity	<input type="checkbox"/>	<input type="checkbox"/>
Low Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	Lower Extremity	<input type="checkbox"/>	<input type="checkbox"/>
Normal Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>			

<b>HEART DISEASE</b>			<b>OTHER CONDITIONS</b>		
	Yes	No		Yes	No
Heart Attack	<input type="checkbox"/>	<input type="checkbox"/>	Muscular Dystrophy	<input type="checkbox"/>	<input type="checkbox"/>
Atherosclerotic Disease	<input type="checkbox"/>	<input type="checkbox"/>	Rheumatoid Arthritis	<input type="checkbox"/>	<input type="checkbox"/>
Myocardial Infarction	<input type="checkbox"/>	<input type="checkbox"/>	Multiple Sclerosis	<input type="checkbox"/>	<input type="checkbox"/>
Rheumatic Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Heart Murmur	<input type="checkbox"/>	<input type="checkbox"/>	Gout	<input type="checkbox"/>	<input type="checkbox"/>
Do you have a pacemaker?	<input type="checkbox"/>	<input type="checkbox"/>	Fibromyalgia	<input type="checkbox"/>	<input type="checkbox"/>
			Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
			Hearing Loss	<input type="checkbox"/>	<input type="checkbox"/>
			Poor Eyesight	<input type="checkbox"/>	<input type="checkbox"/>
			Fainting/Syncope	<input type="checkbox"/>	<input type="checkbox"/>
			Polio	<input type="checkbox"/>	<input type="checkbox"/>
			Lyme's Disease	<input type="checkbox"/>	<input type="checkbox"/>
			Other: _____		
			_____		
			_____		
			_____		

<b>MUSCLE CONDITIONS</b>		
	Yes	No
Carpal Tunnel R/L	<input type="checkbox"/>	<input type="checkbox"/>
Tennis Elbow R/L	<input type="checkbox"/>	<input type="checkbox"/>
Back Pain	<input type="checkbox"/>	<input type="checkbox"/>
Neck Pain	<input type="checkbox"/>	<input type="checkbox"/>
Limited Limb Movements	<input type="checkbox"/>	<input type="checkbox"/>

<b>LUNGS</b>		
	Yes	No
Asthma	<input type="checkbox"/>	<input type="checkbox"/>
Emphysema	<input type="checkbox"/>	<input type="checkbox"/>
Shortness of Breath	<input type="checkbox"/>	<input type="checkbox"/>

<b>EXERCISE</b>	<b>WORK ACTIVITY</b>	<b>STRESS LEVEL</b>	<b>HABITS</b>
<input type="checkbox"/> None	<input type="checkbox"/> Sitting	<input type="checkbox"/> Low	<input type="checkbox"/> Smoking Packs a Day _____
<input type="checkbox"/> 1-2x/week	<input type="checkbox"/> Standing	<input type="checkbox"/> Medium	<input type="checkbox"/> Alcohol Drinks a Week _____
<input type="checkbox"/> 3-4x/week	<input type="checkbox"/> Light Labor	<input type="checkbox"/> High	<input type="checkbox"/> Caffeine Cups a Week _____
<input type="checkbox"/> 5+x/week	<input type="checkbox"/> Heavy Labor		

Are you taking any seizure medications?  Yes  No If yes please list \_\_\_\_\_

Are you taking any medications that might affect your heart, lungs, consciousness or general well-being while participating in therapy?  
 Yes  No If yes please list \_\_\_\_\_

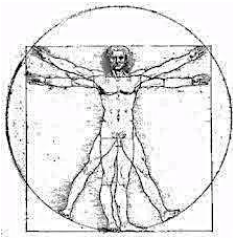
List all surgeries (including dates) \_\_\_\_\_

Are you pregnant?  Yes  No Current week: \_\_\_\_\_

Have you ever had any injuries related to work?  Yes  No If yes please list body part and date of injury \_\_\_\_\_

Have you had any Auto Accidents?  Yes  No If yes please list body part and date of injury \_\_\_\_\_

Have you ever had Physical Therapy or Massage Therapy before?  Yes  No Where? \_\_\_\_\_



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## MEDICATION RECORD

List prescriptions, over-the-counter drugs, vitamins and herbal medicines.

Patient name: \_\_\_\_\_ Date: \_\_\_\_\_ Pharmacy  
name: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary doctor name: \_\_\_\_\_ Phone: \_\_\_\_\_

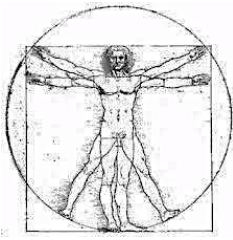
Medication/Dose	What is medication for?	Frequency Taken	Route of Administration

Allergies \_\_\_\_\_

Other \_\_\_\_\_

\_\_\_\_\_  
Signature of Patient, Parent, Guardian, Personal Representative

\_\_\_\_\_  
Date



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### ASSIGNMENT OF BENEFITS

Dear Patient:

As a patient of PARAGON Physical Therapy, PC we are able to accept your insurance for services rendered. We will submit a claim for your therapy procedures to your insurance company. While we are happy to provide this billing service to our patients, we do need your cooperation. By signing the Assignment and Release section below you are authorizing your insurance company to send their payment directly to us instead of yourself. **Should an insurance company send a reimbursement check directly to you for services rendered here, you agree to send that check as payment to us immediately after endorsing the back of the check as follows:**

**ENDORSEMENT:**  
**Pay to the order of:**  
**PARAGON Physical Therapy**

**MAIL CHECK TO:**  
**PARAGON Physical Therapy, PC**  
**250 Executive Drive – Unit X**  
**Edgewood, NY 11717**

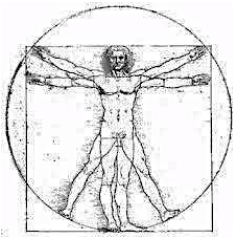
**ASSIGNMENT and RELEASE:** I Hereby Assign and Authorize all rights, privileges and remedies to payment of medical benefits to Cheryl Christie MS, PT, AT,C and PARAGON Physical Therapy, PC for services rendered by a licensed physical therapist or physical therapist assistant employed by Cheryl Christie, MS PT AT,C. to which I am entitled under insurance law. I understand that I am financially responsible for any balance not covered by my insurance. Notwithstanding any prior written agreement to the contrary, this agreement may be revoked by Cheryl Christie MS, PT, AT,C when payments are not payable based on the assignor's (patient) lack of coverage and/or violation of a policy condition due to the actions or conduct of the assignor (patient). I certify that the information given by me in applying for payment is correct. I authorize release of all records on request. I request all authorized benefit payments be made on my behalf.

I hereby acknowledge that Cheryl Christie MS PT AT,C. will add a three (3)% charge on all past due balances, as well as the cost of any collections.

**PLEASE NOTE: IF YOU DO NOT HAVE A PRESCRIPTION FROM YOUR PHYSICIAN, PODIATRIST, NURSE PRACTICIONER, OR DENTIST, OR IF YOU HAVE BEEN RECEIVING HOMECARE, YOUR PHYSICAL THERAPY VISITS MAY NOT BE COVERED BY INSURANCE.**

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_ (If applicable)



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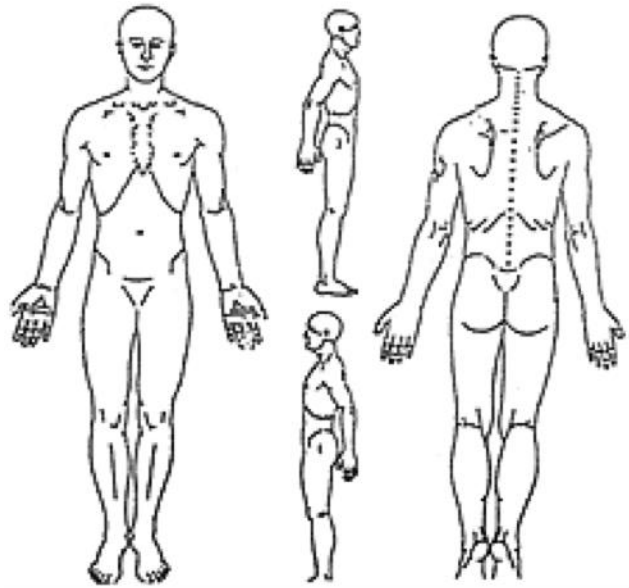
## PAIN & SYMPTOMS STATUS REPORT

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Using the symbols below please draw on the body diagram to indicate the location and type of pain you are having.

- ACHY PAIN            M M M M
- BURNING            X X X X
- NUMBNESS          O O O O
- RADIATING PAIN   >>>>
- PINS & NEEDLES    # # # # #
- SHARP PAIN        + + + + +
- STABBING PAIN    // // // // //



My primary complaint is: \_\_\_\_\_ The symptoms associated with my primary complaint began on: \_\_\_\_\_

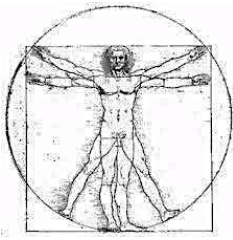
My secondary complaint is: \_\_\_\_\_ The symptoms associated with my secondary complaint began on: \_\_\_\_\_

<b>Please circle on the scale below to indicate your CURRENT level of pain:</b>												
No Pain	0	1	2	3	4	5	6	7	8	9	10	Pain as bad as it gets

<b>Please circle on the scale below to indicate your AVERAGE level of pain:</b>												
No Pain	0	1	2	3	4	5	6	7	8	9	10	Pain as bad as it gets

<b>Please circle on the scale below to indicate your WORST level of pain:</b>												
No Pain	0	1	2	3	4	5	6	7	8	9	10	Pain as bad as it gets

What are the goals you expect to achieve by the end of Physical Therapy? \_\_\_\_\_



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### **CONSENT TO USE AND DISCLOSE PROTECTED HEALTH INFORMATION**

Your protected health information will be used by this practice, known as PARAGON Physical Therapy, PC or disclosed to others for the purpose of treatment, obtaining payment or supporting the day-to-day health care operations of the practice.

We are providing you with a copy of our Notice of Privacy Practices. We request that you review the notice prior to signing this consent. You may request a restriction on the use or disclosure of your protected health information. If you wish to restrict your disclosure, you should make that request in writing.

This practice, however, may or may not agree to restrict the disclosure of your protected health information.

If we agree to your request, the restrictions will be binding. Use or disclosure of protected information in violation of an agreed upon restriction will be a violation of federal privacy standards.

You may revoke the consent to the use and disclosure of your protected health information. You must revoke this consent in writing. Any use or disclosure that has already occurred prior to the date of your revocation of consent is received will not be affected.

This practice reserves the right to modify the privacy practices outlined in the notice.

### **SIGNATURE**

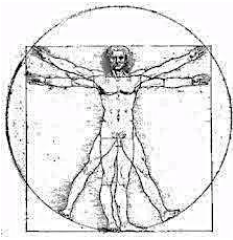
I have reviewed this consent form and have reviewed the Notice of Privacy Practices. I give my permission to this practice to use and disclose my health information in accordance with it.

\_\_\_\_\_  
Patient (Print Clearly) Name of

\_\_\_\_\_  
Patient Date Signature of

\_\_\_\_\_  
Patient Representative Signature of

\_\_\_\_\_  
Patient Representative to Patient Relationship of



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### FINANCIAL POLICY

While you are here are PARAGON Physical Therapy, PC, a few rules of the road:

**Assignment of Benefits:** PARAGON Physical Therapy, PC will process all claims for payment. Therefore, we require you to sign an ASSIGNMENT OF BENEFITS form, which we will keep on file.

If you wish to handle the claims process personally, the treatment fee must be paid at the time of service.

**Referral and Precertification:** Please be sure to know your insurance coverage and copayments before your treatment starts. If your insurance requires a referral or precertification by your primary care physician, be sure to bring it in with you. If subsequent referrals are required, you will be responsible to hand them in when they are due.

If you missed authorized visits, you will not be able to make them up.

**Co-payments:** Your co-payment is due at the beginning of each treatment. You may pay by cash or check. Co-payments cannot be reduced or waived.

Your financial responsibility is any portion of your deductible that has not been satisfied, and any dates of treatment not covered by your insurance. If you have any questions regarding coverage we urge you to call your insurance carrier.

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Patient Signature & Acknowledgement

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Date